



Dr. Sasmita Kar

Designation: Assistant Professor

Qualification: MA (History, Philosophy), M.Ed., Ph, D.(Education)

Date of Birth: 02.06.1971

Date of Joining:17.07.2018

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ORCID: <https://orcid.org/0000-0001-6914-4766>

VIDWAN: <https://vidwan.inflibnet.ac.in/profile-327143>

WOS: <http://www.webofscience.com/wos/author/record/AAJ9461-2021>

Area of Interest

Educational Philosophy, Educational Technology, Qualitative Research

Courses taught

Educational Psychology, ICT in Education, Peace and Human Rights Education, Pedagogical Perspectives of Education

Career

Assistant Professor (2018-present):Rama Devi Women's University, Bhubaneswar

Teaching Experience

21 years

Research Experience

19 years

Administrative/Executive Experience:

HOD, Teacher Education, Rama Devi Women's University (September 2022-till date)

Member; Board of Studies in Education and B.Ed., Rama Devi Women's University

Member; RAC and DRC in Education, Rama Devi Women's University

Superintendent, Aseema Hostel Rama Devi Women's University(April 2022-till date)

Deputy Registrar, Rama Devi Women's University(July to Oct. 2022)

Research Guidance

- ✓ M. Phil .thesis supervised : 01 (One)
- ✓ M.Ed./MA thesis supervised : 90 (Ninety)

Research Grants(All research grants including seed funds)

S. No	Title of the project	Funding Agency	Amount	Sanction year & duration
1	Effect of selected Yogic Practices on Academic Stress and Academic Achievement of Higher Secondary Students	UGC	5.78.400	July 2011 to July 2013(2 years)

Publications

Journal publications(Give the entire list of publication in Scopus/SCI-WoS/UGC care only)

1. Kar, S.(2006). Making the Orissan culture: Contribution of Panchasakha literature with special reference to Bhagavata Mahapurana, University News, 44(5),(special issue, 64-66.
2. Kar, S.(2013). Agnihotra: The Vedic practice for the purification of environment and modification of human behaviour, The International Journal of Religion and Spirituality in Society,,2(3), 69-74. .doi- 10.18848/2154-8633/CGP
3. Kar, S.(2016). Resolution of academic stress by Mindfulness meditation. Man in India, 96 (4) 1063-1073.
4. Kar, S.(2017). A psychological approach to the nature of personality In the light of Buddhism. International Journal of Research in Humanities, Arts and Literature, 39-46.
5. Kar, S.(2017). Academic stress as a determinant of academic achievement. Nurture.11 (1), 1-5.
6. Kar, S.(2017). Writing an Introduction in Social Science Research. Trisha Journal of Educational Research. 2017; 3(2), 67- 73.
7. Kar, S.(2018). Pro social tendency among adolescents: An exploratory study. Pedagogika sk, Slovak Journal for Educational Sciences. 9 (4), 196-205.
8. Kar, S.(2018). Professional ethics of teacher educators in relation to value pattern. Indian Journal of Public Health Research & Development, 9(12), 1729-1733.
9. Raji, N and Kar, S.(2018). Career indecision among Senior Secondary school students: Impact of internet savviness. Indian Journal of Public Health Research & Development, 9, (12), 1759-1766
10. Kar, S.(2019) Metamorphosis in education: The flipped approach. International Journal of Research. VIII (IV), 762-775
11. Kar, S.(2019). Ethical challenges in qualitative research. International Journal of Education, 11, 54-63
12. Kar, S. and Raji, N.(2019). Effect of meta cognitive instruction on achievement in Social Science. Asian Journal of Psychology and Education 52,(1-2), 2-11
13. Kar, S.(2020) Assimilation and integration of Buddha consciousness in the cult of Lord Jagannātha. Journal of Indian Council of Philosophical Research, 37(1). Doi: 10.1007/s40961-020-00190-x

14. Kar, S.(2022). Value Erosion and the Need for Spiritual Basis of Education. International Journal of Multidisciplinary Research and Analysis, 5(2), 328-. DOI LINK: <https://doi.org/10.47191/ijmra/v5-i2-13>

Book/book chapter Publications(entire list of books/book chapters)

1. Kar. S. (2019). Life skill education: The Srimad Bhagavad Gita way. Indian Education System: Emerging Trends and Related Issues. Pp. 144-153. ISBN 978-93-88804-08-0. 2019
2. Kar, S.(2020). Make peace a living reality through Mindfulness and mental health. Peace Education. I107-111, SBN 9781716800399
3. Kar, S.(2021). Challenges of online teaching in the lockdown era: The women perspective. Women Education in 21st Century, pp. 127-134.. ISBN-978-93-89224-54-2.
4. Kar, S.(2021). National Education Policy 2020 and revisiting Mother Tongue in the curriculum of Odisha, pp. 142-149.ISBN 978-93-91908-18-8.
5. Kar, S.(2021). Education during COVID-19 and beyond. Teaching and learning during COVID-19 pandemic, pp. 140-146. ISBN: 978-93-91550-50-9
6. Kar. S. and Kar S. (2023). Pedagogical considerations in the New Normal: From tradition to technology. Digital Learning based Education: Transcending Physical Barriers, pp. 97-102. Springer Nature Singapore. doi.org/10.1007/978-981-19-8967-4_6. EISSN- 978-981-19-8967-4

Participation in Conferences& Seminars (as invited/plenary/chair)

1. Keynote Speaker: International Webinar on The Wisdom of Yoga: A Way to Healthy Life. 09/07/2020, D.D.M.P.G .College, Firozabad, UP
2. Resource Person: State level Webinar on Managing Stress by Students during COVID-19, 25/08/2020, Ursuline Teachers Training College, Jharkhand
3. Panel Member: Regional Dialogue on Decoding National Education Policy for Teacher Learner and Common Man, 16/09/2020, Brajarajnar College, Brajarajnar.
4. Chief Speaker: National Webinar on Call of the hour: Re-envisioning Teaching Learning Practices through Blended Approach, 03/02/2021, Kuchinda College, Kichinda
5. Chief Speaker: National Webinar on Disease free India Campaign. 75 years of Indian Independence, 18/11/2021to, International Naturopathy Organisation, New Delhi.

Other information(s)